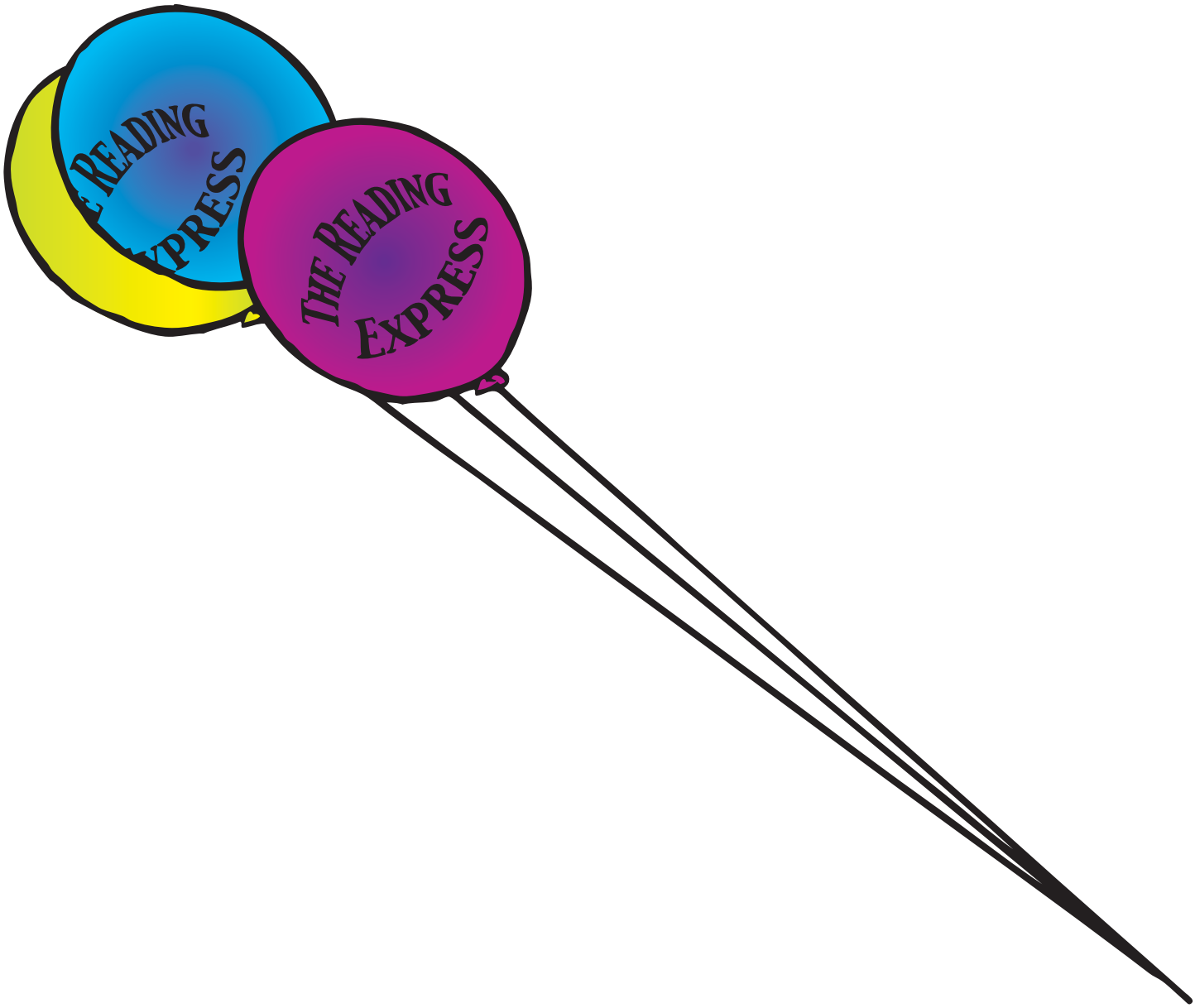Balloons