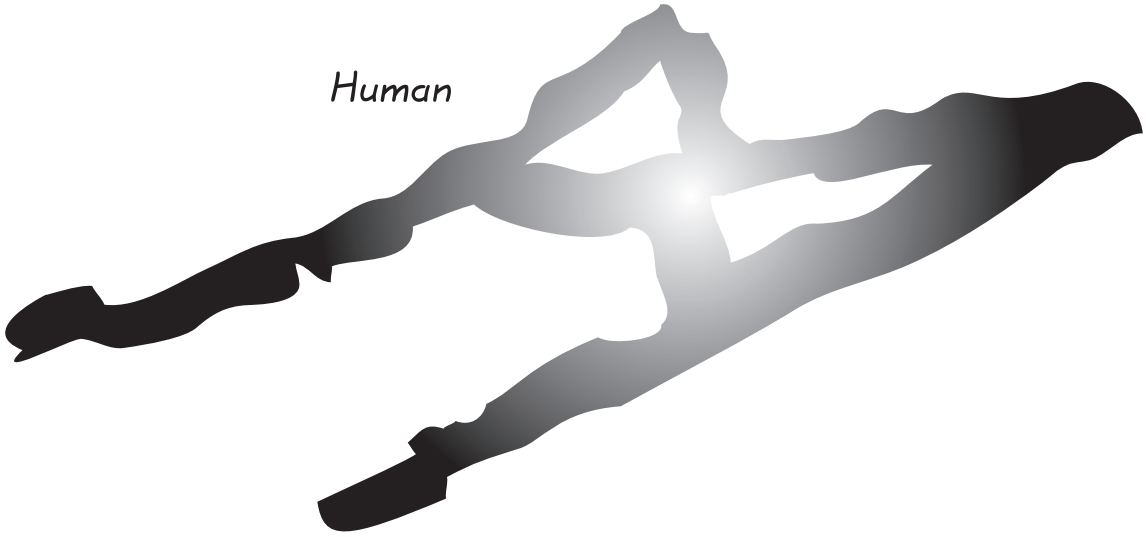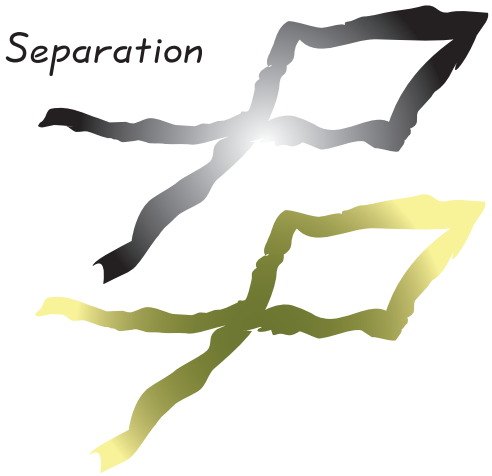Runes