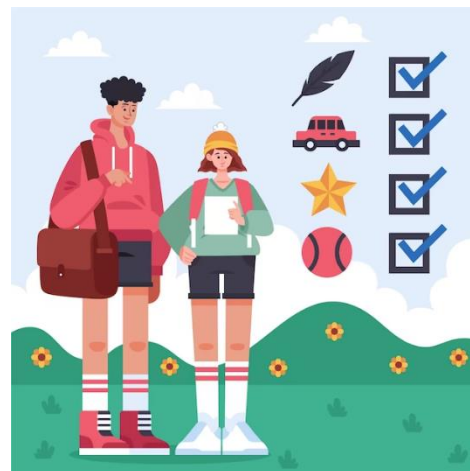


SENSORY SCAVENGER HUNT – All Ages

DESCRIPTION

Participants go on a sensory scavenger hunt! This program is a creative and simple way for individuals to explore their senses of taste, smell, touch, sound, and/or sight. You can choose to incorporate all five senses or focus on just a few!



MATERIALS

- Scavenger hunt checklists (examples included)
- Pen/pencil or braille slate and stylus
- Sensory stations as needed. Here are materials required for the examples included, but you can be creative in making your own checklists!
 - Indoor Scavenger Hunt:
 - Fan (for indoor “wind” to touch)
 - Cooked spaghetti or gummy snakes/bears in a bowl (for something squishy to touch)
 - Stuffed animal or pillow (for something soft to touch)
 - Vanilla (or other) scented candle or diffuser (for vanilla scented smell)
 - Old books/newspapers (for something woody smell and for pages turning sound)
 - Smartphone, tablet, or other device to play your favorite song (for music sound)
 - Your favorite candy (for something sweet to taste)
 - Your favorite chips (for something salty to taste)
 - Outdoor Scavenger Hunt:
 - Access to outdoor garden; could be your own or could be a community garden. Alternatively, just bring your own favorite fruits or vegetables to “taste” outside.

STEPS

1. Choose one of the example scavenger hunt checklists, or create your own incorporating whichever of the five senses you want to explore
2. Go on the sensory scavenger hunt, checking off each item as you complete it. **NOTE:** If doing the scavenger hunt outdoors, be sure

there are no dangerous plants nearby before you touch things (e.g., poison ivy, stinging nettles, etc.)

3. After you complete the scavenger hunt, discuss the following questions with your family or friends, or reflect on them yourself:
 - a. What was the easiest sense to explore in the scavenger hunt?
The hardest?
 - b. What did you like about the sensory scavenger hunt?
 - c. What was your favorite smell? Least favorite smell?
 - d. Did you notice anything else with your senses during the scavenger hunt that wasn't included on the checklist?

Indoor Sensory Scavenger Hunt:

TOUCH

- Feel the "wind" from a fan on your face
- Something squishy
- Something soft

SMELL

- Something with a vanilla scent
- Something woody

SOUND

- Voices talking
- Music playing
- Pages turning in a book or newspaper

TASTE

- Something sweet
- Something salty

SIGHT

- View from a window
- Something blue (or your favorite color)

Outdoor Sensory Scavenger Hunt:

TOUCH

- Something bumpy
- Something soft
- Something smooth
- Something hard

SMELL

- A flower with a scent
- Grass

SOUND

- A sound made by an animal
- Something loud
- Something that crunches

TASTE

- A vegetable or fruit from a garden (or any that you brought with you)

SIGHT

- Something green
- Something big
- Something long

RELATED BOOKS

Juvenile Fiction:

STOP AND SMELL THE COOKIES by Gibson Frazier (DB 110368)

SECRET SIGNS OF NATURE: HOW TO UNCOVER HIDDEN CLUES IN THE SKY, WATER, PLANTS, ANIMALS AND WEATHER by Craig Caudill (DB 108963)

Juvenile Nonfiction:

I SPY WITH MY LITTLE EYE by Edward Gibbs (DBC 05429)

Middle Grade Fiction:

REMEMBER ME TO HAROLD SQUARE by Paula Danziger (DB 34551)

MY SECRET GUIDE TO PARIS by Lisa Schroeder (DBC 15745)

Young Adult Fiction:

13 LITTLE BLUE ENVELOPES by Maureen Johnson (DB 103639)

SEVEN DIRTY SECRETS by Natalie D. Richards (DB 114715)

JUMP by Brittney Morris (DB 114716)

Adult Fiction:

BOOKSHOP OF YESTERDAYS by Amy Meyerson (DB 92132)

MR. PENUMBRA'S TWENTY-FOUR-HOUR BOOKSTORE by Robin Sloan (DB 75599; BR 19723)

Sensory Outdoor Scavenger Hunt

• CAN YOU FIND THEM ALL? •



FEEL WIND
ON MY FACE



SMELL A
FLOWER



FIND A
PATTERN OR
DESIGN
NATURE

TOUCH THE BARK
ON 2 DIFFERENT
TREES



PUT MY
FINGERS
IN SOIL

FIND A ROCK
THAT SPARKLES



HEAR A BIRD
CHIRPING



TOUCH A
BUMPY &
SMOOTH
ROCK

LISTEN TO
INSECTS BUZZ



FEEL 3
DIFFERENT
KINDS OF
LEAVES




LISTEN T
WATER
RUNNING



TOUCH A
PINECONE

SMELL GREEN
GRASS



LOOK FOR
ANIMAL
TRACKS



WATCH
ANTS MOVE
AROUND



TOUCH
MOSS