

## DIABETES

### COOKBOOKS

Mix 'n' Match Meals in Minutes for People with Diabetes: A No-Brainer Solution to Meal Preparation

Gassenheimer, Linda

Original Date: 2008

DB 69992 BARD

Diabetic Chef's Year-Round Cookbook: A Fresh Approach to Using Seasonal Ingredient

Smith, Chris, 1966

Original Date: 2008

DB 69722 BARD

Big Book of Diabetic Desserts: Decadent and Delicious Recipes Perfect for People with Diabetes

Mills, Jackie

Original Date: 2007

DB 68533BARD

You Can Eat That! Awesome Food for Kids with Diabetes

Webb, Robyn

Original Date: 2007

DB 66342 BARD

Beyond Rice and Beans: The Caribbean Latino Guide to Healthy Eating with Diabetes

Drago, Lorena

Original Date: 2006

DB 67996 BARD

Diabetes Meal Planning Made Easy

Warshaw, Hope S.

Original Date: 2006

DB 70069 BARD

Family Style Soul Food Diabetes Cookbook

Original Date: 2006

DB 67323 BARD

Diabetes and Heart Healthy Cookbook  
American Heart Association  
DB 62692 BARD  
Original Date: 2004

Atkins Diabetes Revolution: The Groundbreaking Approach to Preventing and  
Controlling Type 2 Diabetes  
Vernon, Mary C.  
DB 60011 (Download only)  
Original Date: 2004

Betty Crocker's Diabetes Cookbook: Everyday Meals, Easy as 1-2-3  
Crocker, Betty  
DB 59730 (Download only)  
Original Date: 2003

Cooking up Fun for Kids with Diabetes  
Geil, Patti B.  
DB 56757 (Download only)  
Original Date: 2003

Quick and Easy Low-Carb Cooking for People with Diabetes  
Hughes, Nancy S.  
DB 57568 (Download only)  
Original Date: 2003

Whole Foods Diabetic Cookbook  
Bertron, Patricia  
DB 55973 (Download only)  
Original Date: 2002

Real Food for People with Diabetes  
Cross, Doris  
DB 49328 (Download only)  
Original Date: 1997

Art of Cooking for the Diabetic  
Hess, Mary Abbott  
BR 11438 CT 04461  
Original Date: 1996

Diabetic Cooking from Around the World  
Chantiles, Vilma  
BR 08070 DB 30204 (Download only)

Original Date: 1989

## **HEALTH**

Diabetic Retinopathy: From Diagnosis to Treatment  
Tabandeh, Homayoun  
DB 78358 BARD

Original Date: 2014

Diabetes Breakthrough: Based on a Scientifically Proven Plan to Lose Weight and Cut Medications  
Hamdy, Osama  
DB 78416 BARD

Original Date: 2013

Raising Teens with Diabetes: A Survival Guide for Parents  
McCarthy, Moira  
DB 78363 BARD

Original Date: 2013

Blood Sugar Solution: The Ultrahealthy Program for Losing Weight, Preventing Disease, and Feeling Great Now!  
Hyman, Mark  
DB 74530 BARD

Original Date: 2012

American Diabetes Association Guide to Raising a Child with Diabetes  
Betschart-Roemer, Jean  
DB 74039 BARD

Original Date: 2011

Type 2 Diabetes for Beginners: A Clear Friendly Guide on Taking the Right Steps Toward a Healthy Life with Diabetes  
Barrier, Phyllis  
DB 73957 BARD

Original Date: 2011

Diabetes Manifesto: Take Charge of Your Life

Crowe, Lynn

BR 19397 DB 73194 BARD

Original Date: 2011

Sugar Nation: The Hidden Truth Behind America's Deadliest Habit and the Simple Way to Beat It

O'Connell, Jeff

DB 73690 BARD

Original Date: 2010

Life of Control: Stories of Living with Diabetes

Graber, Alan Lee

DB 73483 BARD

Original Date: 2010

Stress-Free Diabetes: Your Guide to Health and Happiness

Napora, Joseph

DB 72603 BARD

Original Date: 2010

African American Guide to Living Well with Diabetes

Brown-Riggs, Constance

DB 72230 BARD

Original Date: 2010

Mayo Clinic: The Essential Diabetes Book

Mayo Clinic

DB 72078 BARD

Original Date: 2009

Best Life Guide to Managing Diabetes and Pre-Diabetes

Greene, Bob

DB 70668 BARD

Original Date: 2009

Diabetes 911: How to Handle Everyday Emergencies

Fox, Larry A.

DB 69503 BARD

Original Date: 2009

Growing Up Again: Life, Loves, and Oh Yeah, Diabetes

Moore, Mary Tyler, 1936-

DB 68927 BARD

Original Date: 2009

Autoimmune Epidemic: Bodies Gone Haywire in a World Out of Balance – and the Cutting-Edge Science that Promises Hope

Nakazawa, Donna Jackson

BR 17710 DB 65865 (Download only)

Original Date: 2008

Diabetes Lifestyle Book: Facing Your Fears and Making Changes for a Long and Healthy Life

Gregg, Jennifer

DB 66790 (Download only)

Original Date: 2007

Sex and Diabetes: For Him and For Her

Roszler, Janis

DB 66258 (Download only)

Original Date: 2007

"I Hate to Exercise" Book for People with Diabetes: Turn Everyday Home Activities into a Low-Impact Fitness Plan You'll Love

Hayes, Charlotte

DB 72073 BARD

Original Date: 2006

Diabetes Meal Planning Made Easy

Warshaw, Hope S.

DB 70069 BARD

Original Date: 2006

American Medical Association Guide to Living with Diabetes: "Preventing and Treating Type 2 Diabetes—Essential Information You and Your Family Need to Know"

American Medical Association

BR 16922 DB 63411 BARD

Original Date: 2006

First Year –Type 2 Diabetes: An Essential Guide for the Newly Diagnosed  
Becker, Gretchen Original Date: 2006  
DB 64186 BARD

Cheating Destiny: Living with Diabetes, America’s Biggest Epidemic  
Hirsch, James S. Original Date: 2006  
DB 63807 (Download only)

Diabesity: The Obesity-Diabetes Epidemic That Threatens America – And What we Must  
Do to Stop It  
Kaufman, Francine Ratner Original Date: 2005  
DB 60037 (Download only)

Beating Diabetes: The First Complete Program Clinically Proven to Dramatically Improve  
Your Glucose Tolerance  
Nathan, David M. Original Date: 2005  
DB 60378 (Download only)

Conquering Diabetes: A Cutting-Edge, Comprehensive Program for Prevention and  
Treatment  
Peters, Anne L. Original Date: 2005  
DB 60385 (Download only)

Dr. Gavin’s Health Guide for African-Americans  
Gavin, James R. Original Date: 2004  
DB 61423 (Download only)

Think Like a Pancreas: A Practical Guide to Managing Diabetes with Insulin  
Scheiner, Gary Original Date: 2004  
DB 59219 (Download only)

Diabetes A to Z: What You Need to Know About Diabetes, Simply Put  
American Diabetes Association Original Date: 2003  
DB 57648 (Download only)

Autoimmune Connection: Essential Information For Women on Diagnosis, Treatment,  
and Getting on with Your Life  
Baron-Faust, Rita Original Date: 2003  
DB 56259 BARD

One Hundred One Tips for a Healthy Pregnancy with Diabetes  
Geil, Patti B. Original Date: 2003  
DB 57527 (Download only)

Field Guide to Type I Diabetes: The Essential Resource from the Diabetes Experts  
American Diabetes Association Original Date: 2002  
DB 56024 (Download only)

Mayo Clinic on Vision and Eye Health  
Buettner, Helmut Original Date: 2002  
DB 55997 BARD

Mayo Clinic on Managing Diabetes  
Collazo-Clavell, Maria Original Date: 2002  
DB 56478 (Download only)

Long Time, No See  
Finke, Beth Original Date: 2002  
BR 14821 DB 56482 BARD

Carol Guber's Type 2 Diabetes Life Plan: Take Charge, Take Care, and Feel Better than  
Ever  
Guber, Carol Original Date: 2002  
DB 56822 (Download only)

Power to the Patient: The Treatments to Insist on When You're Sick  
Rosenfeld, Isadore Original Date: 2002  
BR 14155 DB 53891 (Download only)

First Year-Type 2 Diabetes: An Essential Guide For the Newly Diagnosed  
Becker, Gretchen Original Date: 2001  
DB 54748 BARD

One Hundred One Foot-Care Tips for People with Diabetes  
Ahroni, Jessie H. Original Date: 2000  
DB 56378 (Download only)

### **SPANISH LANGUAGE**

Guia De Buena Salud Sobre la Diabetes y Tu Vida (The Buena Salud Guide to Diabetes  
and Your Life) -- Spanish  
Delgado, Jane L. Original Date: 2012  
DB 74964 BARD

Diabetes Para Dummies (Diabetes for Dummies) -- Spanish  
Rubin, Alan L. Original Date: 2007  
DB 68000 BARD

### **FOR YOUNGER READERS**

Explaining Diabetes  
Loughrey, Anita Original Date: 2010  
Grades 4-7  
BR 19170

Type 1 Teens: A Guide to Managing Your Life with Diabetes  
Hood, Korey K. Original Date: 2010  
Grades 9-12

Living with Diabetes  
Parker, Katrina  
Grades 6-9  
DB 67083 BARD  
Original Date: 2008

Diabetes Update  
Silverstein, Alvin  
Grades 5-8  
DB 65777 (Download only)  
Original Date: 2006

Diabetes: The Ultimate Teen Guide; It Happened to Me  
Moran, Katherine J.  
Grades 9-12  
DB 59361 (Download only)  
Original Date: 2004

Getting the Most Out of Diabetes Camp: A Guide for Parents and Kids  
American Diabetes Association  
Grades 9-12  
DB 54696 (Download only)  
Original Date: 2002

Frederick Banting and the Discovery of Insulin  
Bankston, John  
Grades 4-7  
DB 57882 (Download only)  
Original Date: 2002

I'm Tougher than Diabetes!  
Carter, Alden R.  
Grades 3-6  
DB 54548 (Download only)  
Original Date: 2001

## **Books in Standard Print from our Disabilities Reference Collection**

### The Uncomplicated Guide to Diabetes Complications

Levin, Marvin E., 1924-

Original Date: 2009

### Real-Life Guide to Diabetes : Practical Answers to Your Diabetes Problems

Warshaw, Hope S., 1954-

Original Date: 2009

### Diabetes 911 : how to handle everyday emergencies

Fox, Larry A.

Original Date: 2009

### Your first year with diabetes : what to do, month by month

Garnero, Theresa

Original Date: 2008

### Side Step: A Guide to Preventing and Managing Diabetes and its Complications

[Booklet]

Amputee Coalition of America

Original Date: 2007

### The Diabetes Travel Guide: How to Travel with Diabetes—Anywhere in the World

Kruger, Davida F.

Original Date: 2006

### Diabetes: The Ultimate Teen Guide

Moran, Katherine J.

Original Date: 2006

### Diabetes : caring for your emotions as well as your health

Edelwich, Jerry

Original Date: 1998

**DVD from our Disabilities Reference Collection**

Living with Diabetes [DVD]

Films for the Humanities & Sciences (Firm)

Original Date: 2007