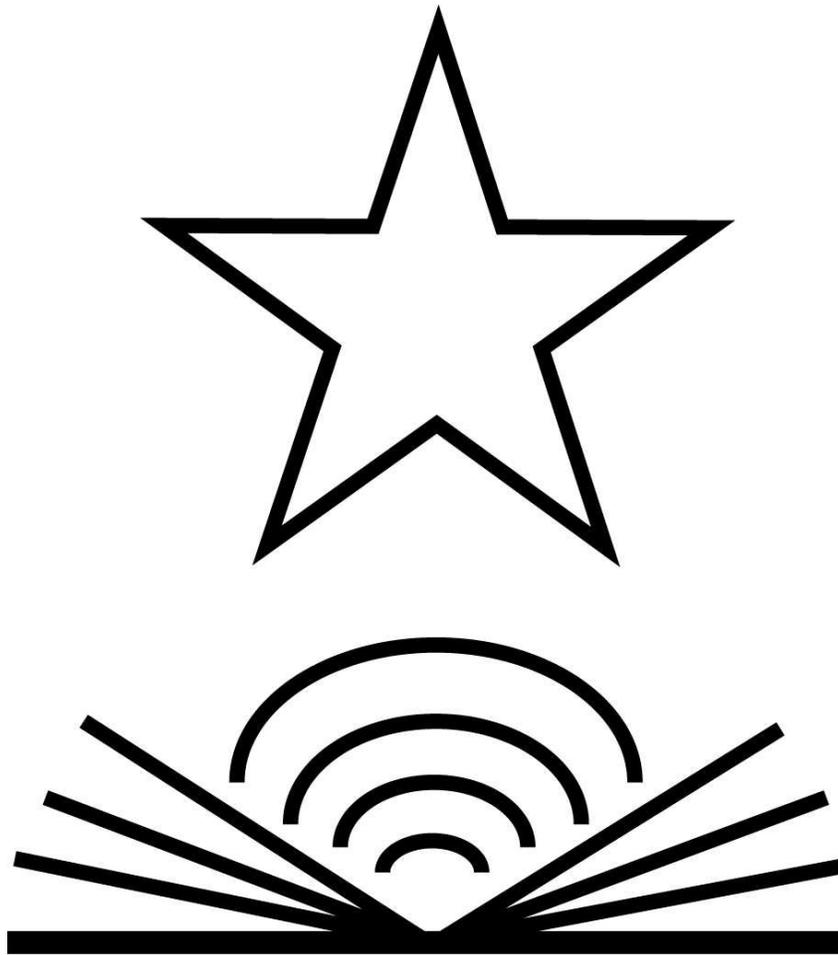


A GUIDE TO TRANSITION RESOURCES

Talking Book Program
Disability Information and Referral Center



www.TexasTalkingBooks.org

Texas State Library and Archives Commission

Introduction

Since 1931, the Texas State Library and Archives Commission (TSLAC) has been providing free library service to Texans unable to read standard print due to blindness or other visual impairments. As part of a regional network coordinated by the Library of Congress, the Talking Book Program (TBP) later began serving persons with physical impairments and reading disabilities of an organic nature. Today, the Talking Book Program continues to serve a growing population of Texans with disabilities by providing a wide range of books and magazines in digital cartridge, large print, Braille, and downloads.

Talking Book Program serves individuals of all ages, from young children to older adults. Service to schools and other institutions such as nursing homes is also provided.

Classrooms throughout Texas having at least one eligible disabled student enrolled may participate in the TSLAC reading program. Reader Consultants assist teachers with book selections and send reading materials and equipment to the classrooms, postage-free.

Great care has been taken to provide useful and accurate information in this guide, but we recognize that continual changes occur. If you discover outdated or inaccurate data in this guide, call or write the Talking Book Program and we will do our best to provide the updated information you need. Your comments and suggestions for improving this guide for future editions are welcomed.

To obtain additional information regarding this resource guide, please contact the Disability Information and Reference Coordinator at 1-800-252-9605.

Other services of interest to teachers and parents

The Talking Book Program (TBP) is a lending library of books and magazines in alternative formats for Texans with certain disabilities. TBP loans books in Braille and large print, but 82% of the collection is on cassette tape. Books and playback equipment are mailed free of charge to anyone who qualifies.

The Talking Book Program serves Texans of all ages who are unable to read standard print because they are visually impaired, physically unable to hold a book or turn pages, or reading disabled.

In addition to circulating books and magazines in special formats, the Talking Book Program provides a number of services to aid educators, students, and families:

Reference Service

The Disability Information and Referral Center staff answers questions such as where to obtain a white cane, how to contact advocacy and support groups, and what adaptive technology is available.

Texas Reading Club

TBP participates in the Texas State Library's Reading Program by providing books in alternative formats for young readers who cannot read standard print due to one of the disabilities described above.

Tours

Individuals or groups may request a tour of TBP offices in the Lorenzo de Zavala State Archives and Library Building, 1201 Brazos, by calling the Public Awareness Coordinator in advance.

Talking Book Program

Texas State Library and Archives Commission

P.O. Box 12927 Austin, TX 78711-2927

1-800-252-9605 • (512) 463-5458

fax 512-936-0685

tbp.services@tsl.texas.gov

www.TexasTalkingBooks.org

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**A Guide to Transition Resources
Compiled by the Talking Book Program's
Disability Information & Referral Center (DIRC)**

800-252-9605 512-463-5458

tbp.services@tsl.texas.gov

www.TexasTalkingBooks.org

NOTE: The topic of transition resources is very broad and encompasses other aspects of disability culture such as independent living and self-determination. This guide is intended to serve as an introduction to the subject rather than an all-inclusive, definitive document.

- **National Organizations:**

Association on Higher Education and Disability (AHEAD)

704-947-7779

www.ahead.org/

DO-IT

doit@uw.edu

www.washington.edu/doit/

HEATH Resource Center / The George Washington University

askHEATH@gwu.edu

www.heath.gwu.edu/

National Center for the Study of Postsecondary Educational Supports (NCSPES)

www.rrtc.hawaii.edu/

National Center on Secondary Education and Transition (NCSET)

612-624-2097

ncset@umn.edu

www.ncset.org/

Formerly known as National Transition Alliance

Funded by the PACER Center

National Collaborative on Workforce and Disability for Youth

877-871-0744

www.ncwd-youth.info/

Funded and run in part by the NYEC

National Youth Employment Coalition

202-780-5928

nyecyouth@gmail.com

www.nyec.org/

PACER (Parent Advocacy Coalition for Educational Rights)

888-248-0822

www.pacer.org

Source America (Employment)

571-226-4660

www.sourceamerica.org

Please refer to **State Organizations** for Texas office.

Transitions RTC

Learning & Working during the Transition to Adulthood Rehabilitation Research & Training Center

877-331-5870

<http://labs.umassmed.edu/transitionsRTC/#sthash.NdQ9PYfa.qyrv2heZ.dpbs>

This center aims to provide supports to young people with serious mental conditions.

- **State Organizations:**

Department of Assistive and Rehabilitative Services (DARS)

800-628-5115

DARS.Inquiries@dars.state.tx.us

www.dars.state.tx.us/drs/index.shtml

State contact for vocational rehabilitation and transition

Maintains offices throughout Texas

Source America Regional Office (Arlington)

Sally Henderson, Executive Director

817-622-7000

cservices@sourceamerica.org

Texas Education Agency

512-463-9734

<http://tea.texas.gov>

Division of Special Education

http://tea.texas.gov/Curriculum_and_Instructional_Programs/Special_Education/

Transition in Texas

www.transitionintexas.org/domain/3

Texas School for the Blind and Visually Impaired (TSBVI)

800-872-5273 (recording) 512-454-8631 (switchboard)

www.tsbvi.edu

- **Organization Websites:**

Adolescent Health Transition Project

<http://depts.washington.edu/healthtr/>

Education Resources Information Center (ERIC)

www.eric.ed.gov/

Equal Access to Software and Information (EASI)

<http://easi.cc/>

Going to College

www.going-to-college.org/

MDA Transitions Site

<http://transitions.mda.org/>

A comprehensive web site about all aspects of transition, designed for anyone with a mobility impairment

Partners for Youth with Disabilities

www.pyd.org/

Primarily this organization implements programs for the state of Mass., but their programs can also be used as models for organizations in other states. They feature mentor, online partner, young entrepreneur, and parent programs.

PEPNET online

www.pepnet.org

Project Eye to Eye

<http://eyetoeyenational.org/>

One of the services of Eye to Eye provides peer and mentoring support for high school and college students with learning differences. The program does not have a Texas affiliate at this time.

Technical Assistance on Transition and the Rehabilitation Act

www.pacer.org/tatra/

Funded by PACER

Transition Coalition

<http://transitioncoalition.org/transition/index.php>

Youth to Work Coalition

www.nsttac.org/ytw/home

Funded by the National Secondary Transition Technical Assistance Center

- **Websites for Transition Students:**

Friends of Quinn

www.friendsofquinn.com/

This is an online community for young people with learning differences.

I Am Norm

<http://iamnorm.com/>

This is a nationwide movement that promotes inclusion.

I Belong

www.ibelong.ca/

This is a Canadian web site for young people with intellectual disabilities, and the families and educational staff that support them.

Starbright World

www.starbrightworld.org/

This is a web site for students with chronic illnesses or serious injuries.

Strength of Us

<http://strengthofus.org/>

Online community for young people with mental illnesses

Voices for Hope

www.voices4hope.net/

This site provides resources for teenagers and young people with mental health conditions.

- **Non-Disability Transition Website:**

Youthhood.org

www.youthhood.org

- **Online Guides (General):**

Affordable Colleges for Students with Disabilities

www.affordablecollegesonline.org/spotlight/affordable-colleges-for-students-with-disabilities/

Cyber Disclosure for Youth with Disabilities

www.ncwd-youth.info/cyber-disclosure

Finding a Job That Is Right for You: A Practical Approach to Looking for a Job as a Person with a Disability

<http://askjan.org/job/>

(The) 411 on Disability Disclosure: A Workbook for Youth with Disabilities Through National Collaborative on Workforce & Disability (NCWD)
www.ncwd-youth.info/411-on-disability-disclosure

How to Build Partnerships for Career Exploration: Using Job Shadows to Explore the World of Work:
www.ivrs.iowa.gov/Transition/BuildPartnershipsforCareerExploration.pdf

Kickstart Your ILP (Individualized Learning Plan)
www.dol.gov/odep/ilp/Kickstart.htm
From the Department of Labor's Office of Disability Employment Policy

Paving the Way to Work: A Guide to Career-Focused Mentoring For Youth with Disabilities
www.ncwd-youth.info/paving-the-way-to-work

Planning for Life after High School: A Guide for Students, School Counselors, Teachers and Parents
<http://sped.dpi.wi.gov/sites/default/files/imce/sped/pdf/tranopndrs.pdf>

Practical Guide for People with Disabilities Who Want to Go to College
http://tucollaborative.org/pdfs/education/College_Guide.pdf

Preparing for Postsecondary Education: Know Your Rights and Responsibilities
www2.ed.gov/about/offices/list/ocr/transition.html

Simply Said: Introducing Vocational Rehabilitation Services
www.youtube.com/watch?v=vT9pKlcTQMg
YouTube video from the PACER center

Understanding the New Vision for Career Development: the Role of Family
www.ncwd-youth.info/node/1463

- **Online Guides (Specific Disabilities):**

Visual Impairment/Blindness

E.X.P.L.O.R.E the Possibilities: An Approach to Transition:

www.tsbvi.edu/instructional-resources/1914-explore-the-possibilities-an-approach-to-transition

- **Online Articles (General):**

ADA and Transition: Q &A

www.pacer.org/publications/adaqa/504.asp

All About the IEP

www.parentcenterhub.org/repository/iep/

Services for Adults with Disabilities

www.parentcenterhub.org/repository/foradults/

Not specifically about transition, but contains information on related issues.

Twelve Things You Can Do to Plan for Your Child's Future Today

www.tsbvi.edu/seehear/archive/twelve.html

Q&A for Students on VR (vocational rehab)

www.p12.nysed.gov/specialed/publications/transition/students.htm

Questions to Answer in Preparation for your Child's IEP Meeting

www.tsbvi.edu/seehear/archive/itp.htm

- **Online Articles (Specific Disabilities):**

Learning Disabilities

College and College Prep

www.idonline.org/indepth/college

Selecting a College for Students with LD or ADHD

www.idonline.org/article/11772

Transition: School to Work

www.idonline.org/indepth/transition

Visual Impairments

Making It! Successful Transition Competencies for Youth with Visual Disabilities

www.tsbvi.edu/seehear/spring00/makingit.htm

The Challenge of Transitions

www.tsbvi.edu/seehear/summer02/tcb.htm

- **Online Articles (For Students Younger Than High School):**

Moving on To High School: A Tip Sheet for Parents of Children on Individualized Education Programs

www.communityinclusion.org/article.php?article_id=148

- **Print/Multimedia Materials:**

AHEAD Materials

Books:

Beyond Accommodations: Strategies for College Students with LD and ADHD

Expanding Postsecondary Options for Minority Students with Disabilities

Navigating College: Strategy Manual for a Successful Voyage

Navigating College Manual for Teaching the Portfolio

100 Things Every College Student with a Disability Should Know

Brochures and Booklets: **www.ahead.org/publications#Brochures**

- Advising Students with Disabilities

- *College Students Who are Deaf or Hard of Hearing*

- *College Students Who Have ADHD*

- *College Students Who Have Chronic Diseases or Episodic Disabilities*

- *College Students with Learning Disabilities - 3rd Edition*

- *Confidentiality and Disability Issues in Higher Education*

- *Preparing for College: Options for Students with Learning Disabilities*

- *Ready, Set, Go: Helping Students with Learning Disabilities Prepare for College*

- *Section 504: The Law and Its Impact on Postsecondary Education*

- *The Americans with Disabilities Act: The Law and Its Impact on Postsecondary Education*

- *Universal Design in Higher Education*

- *Universal Design: A Guide for Students*

- *Universal Design for Inclusive Lectures and Presentations*

American Foundation for the Blind

College Bound: a guide for students with visual impairments (2005)

Community Inclusion Publications

www.communityinclusion.org/page.php?page=pubs

My Future My Plan

www.stateart.com/works.php?workId=47&i=2

Available from NCSET

Pro-Ed

800-897-3202

www.proedinc.com/customer/default.aspx

Source for books and reference materials on transition

- **Specific College Resources for Students with Disabilities:**

National

College Admissions Testing

www.collegeboard.org/students-with-disabilities

Degree Programs for Unique Learners
Venture at Bellevue Community College, Bellevue, WA
<http://olsatbellevuecollege.com/>
Searchable database of other programs
www.thinkcollege.net/

Disability-Friendly Colleges
http://dmoz.org/Society/Disabled/Education/Colleges_and_Universities

Financial Aid Links
www.finaid.org/otheraid/disabled.phtml
www.washington.edu/doit/college-funding-students-disabilities

Guide to College-Level Tests
www.onlineschools.org/college-test-guide/

Post Secondary Guide
www.pacer.org/tatra/resources/postSecondary.asp

Preparing for College: An Online Tutorial
www.washington.edu/doit/preparing-college-online-tutorial
From DO-IT

In Texas

College for Texans
www.collegefortexans.com/

Easter Seals – Central Texas
www.easterseals.com/centraltx/
Offers workforce development and supported employment

The Higher Education Coordinating Board
www.thecb.state.tx.us/

2013 Resource Guide for Students with Disabilities
http://tcdd.texas.gov/wp-content/uploads/2013/10/2013_higher_ed_guide_en_web.pdf

Texas Transition & Employment Guide
sped@tea.state.tx.us
<http://www.transitionintexas.org/cms/lib/TX01001018/Centricity/Domain/3/Texas%20Transition%20and%20Employment%20Guide%202014.pdf>

Other Information:

Checklist for Applying to College (From Quest Magazine)

Research

Begin at least during junior year of high school.
Consult magazines, books, and web sites
Request college viewbooks
Attend college fairs and open houses

Make Contact

Contact the Disability Services Offices at Colleges
Ask about what documentation is required
Make sure you are familiar with the nature and scope of your disability

Tours

Request tours through the Disability Services Office.
Scrutinize the accessibility of the campus.
Be sure to visit buildings you know you will need to use.

Personal Care Attendants

Not all colleges assist with finding personal care attendants.
Interview carefully.
If you hire non-students, check on residence hall policies.
Older students are often more responsible and reliable.
Always have a back-up plan.
Ways to find attendants
 Disability Services Office
 Independent Living Centers
 Class or residence hall bulletin boards

Remember

Balance accessibility needs with academic program interests.
Self-advocacy is very important.
Accessibility is not uniform at all colleges or universities

- **Specific Employment Resources:**

Equal Employment Opportunity Commission (EEOC)
www.eeoc.gov/

Healthy & Ready to Work
www.syntiro.org/hrtw/

Job Accommodation Network
<http://askjan.org/>

Office of Disability Employment Policy in the US Department of Labor
www.dol.gov/odep/index.htm

Texas Workforce Commission
www.twc.state.tx.us/

The Labor Market and Career Information (LMCI) www.lmci.state.tx.us section of TWC produces a wealth of helpful resources, from brochures to packets to web courses, to assist individuals of all abilities. Examples of brochures include career tips, financial aid information, and personality types suitable for specific jobs. TWC also offers an online course for work prep, and a website called “Reality Check” www.texasrealitycheck.com that allows a person to choose a desired career and then proceed through a series of pages to calculate the cost of living to determine if the career and lifestyle decisions they make are realistic. Examples of packets (called magazines on the site) produced by LMCI can be found in this Guide under “Vertical File Publications.” Some documents and online resources geared toward younger students as well.

Work Support
www.worksupport.com

- **Links to other topics affecting transition:**

Independent Living

Guide to Transitioning to Independent Living
www.new-horizons.org/gdeind.html

Texas Centers for Independent Living
<http://txsilc.org/index.php/en/>

Texas Home of Your Own
www.easterseals.com/centraltx/our-programs/adult-services/community-housing-services/home-of-your-own-hoyo.html

Medicare
www.medicare.gov

Mentoring/Shadowing
Disability Mentoring Day
www.aapd.com/what-we-do/employment/disability-mentoring-day/

Mentoring Youth with Disabilities
www.ncwd-youth.info/topic/mentoring

Personal Assistance Services

Making the Move to Managing Your Own Personal Assistance Services

www.ncwd-youth.info/PAS-Toolkit

Self-Determination

More than Just a Job: Person-Centered Career Planning

www.communityinclusion.org/article.php?article_id=16

Self Determination

www.nlts2.org/fact_sheets/nlts2_fact_sheet_2005_06-2.pdf

A list of resources from NCSET

Self-Determination Synthesis Project

www.pepartnership.org/resources/search/transition/self-determination-synthesis-project.aspx

Social Security Administration

www.ssa.gov

Vocational Rehabilitation

See DARS above.

Volunteerism

Best Buddies Friendship Programs

www.bestbuddies.org/our-programs

- **DIRC Materials Available:**

Books

Adventures in the Mainstream: Coming of Age with Down Syndrome Palmer, Greg, 2005.

College & University Resource Directory for Students with Disabilities, Houston Mayor's Committee for Employment of People with Disabilities, 2002

Exceeding Expectations: Successful Adults with Learning Disabilities, Reiff, Henry B., Paul J. Gerber, and Rick Ginsberg, 1997

Going to College: Expanding Opportunities for People with Disabilities, Getzel, Elizabeth Evans, M.A., and Paul Wehman, Ph.d., editors, 2005

Guiding Your Teenager with Special Needs through the Transition from School to Work Life: Tools for Parents, Korpi, Mary, 2008

Job-Hunting for the So-Called Handicapped: or People Who Have Disabilities, Bolles, Richard Nelson and Dale Susan Brown, 2001

K&W Guide to Colleges for Students with Learning Disabilities, 9th Ed, Princeton Review, 2007

Launching Into Adulthood: An Integrated Response to Support Transition of Youth with Chronic Health Conditions and Disabilities, Lollar, Donald, Ed.D., editor, 2010

Learning a Living: A Guide to Planning Your Career and Finding a Job for People with Learning Disabilities, Attention Deficit Disorder, and Dyslexia, Brown, Dale S., 2000

Life beyond the Classroom: Transition Strategies for Young People with Disabilities, Fourth Edition, Wehman, Paul, Ph.d., 2006

Life Planning for Adults with Developmental Disabilities: A Guide for Parents and Family Members, Greenbaum, Judith, PhD., 2007

Listening to the Experts: Students with Disabilities Speak Out. Keefe, Elizabeth, et al, 2006.

Moving Into Adulthood: Easing the Journey for Young People with Disabilities, Family Support Network of North Carolina, 1997

Pathways to Successful Transition for Youth with Disabilities: A Developmental Process (2nd Ed), Author: Kochhar-Bryant, Carol A. and Gary Greene, 2008

Physical Disabilities: The Ultimate Teen Guide, Thorton, Denise, 2007

The Power to Spring Up: Postsecondary Education Opportunities for Students with Significant Disabilities, Katovitch, Diana M., MS, 2009

Promoting Health Care Transitions for Adolescents with Special Health Care Needs and Disabilities, Betz, Cecily, L. and Wendy M. Nehring, 2007

Self-Advocacy Skills for Students with Learning Disabilities: Making it Happen in College and Beyond, Reiff, Henry B, 2007

Skills for Success: A Career Education Handbook for Children and Adolescents with Visual Impairments, Wolffe, Karen, ed., 1999

Think College: Postsecondary Education Options for Students with Intellectual Disabilities, Grigal, Meg, Ph.D., and Debra Hart, M.Ed., 2009

The Transition Handbook: Strategies High School Teachers Use That Work!
Hughes, Carolyn and Erik W. Carter, 2000

Transition to Adulthood: A Resource for Assisting Young People with Emotional or Behavioral Difficulties, Clark, Hewitt B., Ph.d., and Maryann Davis, Ph.d., editors, 2000

Unlocking Potential: College and Other Choices for People with LD and AD/HD, Taymans, Juliana M., Ph.D. and Lynda L. West, Ph.D., with Madeline Sullivan, M.A., ed., 2000

DVD's

"College Success for Students with Learning Challenges", 2008

"Teens and Disabilities", 2007

- **Vertical File Publications**

Mapping Your Dreams

www.pacer.org/tatra/resources/MYD/employment.asp

Parent Tips for Transition Planning

2001 The Alliance (Tech Assist Alliance for Parent Centers)

PDF

Leveling the Playing Field

From American Youth Policy Forum

PDF

Opening Doors to Postsecondary Education and Training

Wisconsin Dept of Public Instruction

Sept 2003

Parent Brief

Parenting Post-Secondary Students with Disabilities: Becoming the Mentor, Advocate, and Guide Your Young Adult Needs

www.ncset.org/publications/viewdesc.asp?id=208

Starting the Conversation: A Career Exploration Guide for Parents and Children
And Succeed at Work Express

Both available from the Texas Workforce Commission Labor Market and Career
Information

www.lmci.state.tx.us

LMCI has created many excellent publications, including "Ready for the Real World
after High School?" "Texas Job Hunter's Guide," and "Why Study This?" Booklets are
geared toward to all students.

Student Portfolio

From Disability Assistance of Central Texas

A packet that allows students to collect and keep personal documents, such as school
transcripts and medical histories, and other information needed to transition into the
adult world.

Impact issue on Volunteerism

Vol 14 No 2 Fall 2001

Institute on Community Integration

College of Education and Human Development

University of Minnesota

Where Do We Go From Here: Planning and Navigating the Transition from School to
Work

Exceptional Parent Magazine, 11/05

NOTE: The Disability Information and Referral Center (DIRC) also houses information
on education, financial aid, scholarships, employment, social security, assistive
technology, independent living, specific disabilities such as visual impairments and
learning disabilities, and other topics related to transition. Books are available in print,
and may be loaned for a period of five weeks. DVD's are available on loan for three
weeks. The borrower is responsible for the return postage. Copies of vertical file
materials and other guides are available free of charge.

Disability Information & Referral Center

800-252-9605

512-463-5458

tbp.services@tsl.texas.gov

www.TexasTalkingBooks.org

1-800-252-9605

**Talking Book Program
Texas State Library and Archives Commission
512-463-5458 (Austin area)
tbp.services@tsl.texas.gov (e-mail)
512-936-0685 (fax)
PO Box 12927
Austin TX 78711-2927**



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Comments or complaints regarding programs and services
of the Texas State Library and Archives Commission
may be addressed to:
Director and Librarian
PO Box 12927
Austin TX 78711-2927