

	Series	Title	Featured Therapist(s)	Time (Mins)
1	Brief Therapy for Addictions	Cognitive Therapy for Addictions	Bruce S. Liese, PhD	115
2	Brief Therapy for Addictions	Stages of Change for Addictions	John C. Norcross, PhD	105
3	Brief Therapy for Addictions	Motivational Interviewing	William R. Miller, PhD	102
4	Child Therapy with the Experts	Cognitive-Behavioral Child Therapy	Bruce Masek, PhD	108
5	Child Therapy with the Experts	Narrative Therapy with Children	Stephen Madigan, PhD	103
6	Child Therapy with the Experts	Gestalt Therapy with Children	Violet Oaklander, PhD	107
7	Couples Therapy with the Experts	Internal Family Systems Therapy	Richard Schwartz, PhD	121
8	Family Therapy with the Experts	Structural Family Therapy	Harry Aponte, LCSW	114
9	Family Therapy with the Experts	Satir Family Therapy	Jean McLendon, LCSW, LMFT	104
10	Family Therapy with the Experts	Bowenian Family Therapy	Philip Guerin, MD	117
11	Healing Childhood Abuse and Trauma through Psychodrama	Healing Childhood Abuse through Psychodrama	Tian Dayton, PhD, TEP	55
12	Motivational Interviewing Step by Step	Core Concepts of Motivational Interviewing	Cathy Cole, LCSW	135
13	Psychotherapy with Gay, Lesbian and Bisexual Clients	Historical Perspectives	Ron Scott, PhD	41
14	Psychotherapy with Gay, Lesbian and Bisexual Clients	Individual Assessment and Psychotherapy	Ron Scott, PhD	48
15	Psychotherapy with the Experts	Cognitive-Behavioral Therapy with Donald Meichenbaum	Donald Meichenbaum, PhD	109
16	Psychotherapy with the Experts	Solution-Focused Therapy	Insoo Kim Berg, LCSW	121
17	Psychotherapy with the Experts	Existential-Humanistic Psychotherapy	James Bugental, PhD	114
18	Psychotherapy with the Experts	Family Systems Therapy	Kenneth V. Hardy, PhD	124
19	REBT in Action	Coping with the Suicide of a Loved One: An REBT Approach	Albert Ellis, PhD	48
20	Strategic Treatment of Anxiety Disorders	Cognitive Therapy for Panic Disorders	Reid Wilson, PhD	68
21	Strategic Treatment of Anxiety Disorders	Exposure Therapy for Phobias	Reid Wilson, PhD	177

22	The Zerka T. Moreno Psychodrama	Psychodrama in Action	Zerka Moreno, TEP	87
23	Treating Alcoholism in Psychotherapy	Volume I: The Developmental Model in Action	Stephanie Brown, PhD	130
24	Understanding Group Psychotherapy	Volume I: Outpatients	Irvin Yalom, MD	100
25	Understanding Group Psychotherapy	Volume II: Inpatients	Irvin Yalom, MD	100
26		Aaron Beck on Cognitive Therapy	Aaron Beck, MD	51
27		Assessment & Psychological Treatment of Bipolar Disorder	Kay Redfield Jamison, PhD	53
28		Becoming a Therapist: Inside the Learning Curve	Erik Sween, PsyD	25
29		Carl Rogers on Person-Centered Therapy	Carl Rogers, PhD	70
30		Child Therapy Case Consultation	Violet Oaklander, PhD	106
31		Cognitive Therapy for Weight Loss: A Coaching Session	Judith Beck, PhD	75
32		Dialectical Behavior Therapy	Marsha Linehan, PhD	108
33		Emotionally Focused Therapy in Action	Sue Johnson, EdD	213
34		Expressive Arts Therapy in Action	Natalie Rogers, PhD	154
35		Harnessing the Power of Genograms in Psychotherapy	Monica McGoldrick, LCSW, PhD	113
36		Irvin Yalom: Live Case Consultation	Irvin Yalom, MD	90
37		Leading Groups with Adolescents	Janice DeLucia-Waack, PhD & Allen	140
38		Legal & Ethical Issues for Mental Health Professionals, Volume I: Confidentiality, Privilege, Reporting, and Duty to Warn	Stephen Feldman, JD, PhD	140
39		Legal and Ethical Issues for Mental Health Professionals, Volume II: Dual Relationships, Boundaries, Standards of Care and Termination	Stephen Feldman, JD, PhD	191
40		Mindfulness for Life: An Interview with Jon Kabat-Zinn	Jon Kabat-Zinn, PhD	43
41		Otto Kernberg: Live Case Consultation	Otto Kernberg, MD	146
42		Positive Psychology and Psychotherapy	Martin Seligman, PhD	77
43		Psychotherapy for Chronic PTSD	Frank Ochberg, MD	167
44		Psychotherapy with the Unmotivated Patient	Erving Polster, PhD	81

45		Resolving Trauma in Psychotherapy: A Somatic Approach	Peter Levine, PhD	200
46		Salvador Minuchin on Family Therapy	Salvador Minuchin PhD	81
47		Suicide & Self-Harm: Helping People at Risk	Linda Gask, MD	91
48		The Angry Couple: Conflict Focused Treatment	Susan Heitler, PhD	73
49		The Legacy of Unresolved Loss: A Family Systems Approach	Monica McGoldrick, LCSW, PhD	86
50		Time Limited Dynamic Psychotherapy	Hanna Levenson, PhD	75
			Total:	86.7 Hours